

Pumpkin Pie Smoothie

Sip on this while you take your kids out trick or treating or while you hand out candy at home. No guilty feeling here! Make sure you buy pumpkin puree not pumpkin pie filling. Enjoy!

xoxo,
Kristin

1. Puree all ingredients in a blender until smooth.

Recipe from [Paleomg. com](http://paleomg.com)