Chocolate Fudge Pops

Yum, chocolate fudge pops!! Skeptical about the tofu? Don't be, you won't taste it at all. It is definitely an interesting ingredient for fudge pops but don't let it scare you. The risk of the tofu is worth the reward! Enjoy

XOXO,

Kristin

- 1) Warm up the milk on the stove top or in the microwave so that is it warm but not super hot. Next melt the chocolate.
- 2) Once the chocolate is melted, add it, the milk and the tofu to a blender and mix it up. Once completely melted, pour the mixture into the molds and stick them in the freezer for about 40 minutes. At this point, take the pops out of the freezer and push the sticks in. Freeze until firm.

Recipe from Thug Kitchen, serves 12.