

# Dark Chocolate Bark with Pistachios, Sweetened Dried Cherries and Pumpkin Seeds

Line an 11" x 17" baking sheet with parchment paper. Combine pistachios, dried cherries, and pumpkin seeds in a bowl. Set aside 1/2 cup of mixture. **To temper chocolate:** Using a microwave, place 3/4 of chocolate in a microwave-safe glass or ceramic bowl (set aside remaining chocolate). Program microwave at 50 percent power. With bowl uncovered, heat chocolate for 30 seconds and then stir with a rubber spatula. Repeat, heating for 30 seconds and then stirring, until almost all the chocolate in the bowl is melted, about 4 minutes total. Using an instant-read thermometer, check temperature of chocolate. It should be no more than 115°. If it hasn't reached desired temperature, continue to heat (in 10-second increments). Then add reserved chocolate and stir constantly until completely melted and smooth and thermometer reads 88° to 90°. Chocolate is now tempered. Stir nut mixture into bowl containing chocolate. Using an offset spatula, spread chocolate in an even layer, about 1/4 inch thick, on the parchment. Sprinkle with reserved 1/2 cup nut mixture. Allow bark to cool until hard, at least 20 minutes. Break into irregular pieces.

*Recipe created by Diane Morgan- and found at Oprah.com*

*Read*

*more: <http://www.oprah.com/food/Dark-Chocolate-Bark-with-Pistachios-Sweetened-Dried-Cherries-and-Pumpkin-Seeds#ixzz27PzGXc00>*