

Easy Spaghetti Squash with Marinara

Preheat the oven to 450 degrees. Line a cooking sheet with foil. Split squash in half and remove seeds. Season with olive oil, salt and pepper. Place flesh side down and roast for 30-40 minutes. Let rest until cool enough to handle.

Scrape the squash out of the skin with a large spoon, and toss with marinara. Serve immediately.