

# garbanzo patties

1. Preheat oven to 350.
2. Mix all ingredients together very well.
3. Make palm size patties and place on an oiled baking sheet.
4. Bake for about 20 minutes on each side.

You can also make these into 'meatless' balls. Bake for 30 minutes. You can also add other veggies like spinach, red bell pepper...

Enjoy!