

# Green Garden Smoothie

This vibrant green color is as much fun to look at as it is to drink. Smoothies are a great way to get a couple of servings of veggies in at one sitting. Do something good for you body; you will feel fantastic! Enjoy

xoxo,  
Kristin

Directions:

Blend all the ingredients in a blender and process until smooth.

-Recipe from Real Paleo Fast and Easy, serves 2