

Two Ingredient Energy Balls

Mash bananas in a large bowl with a fork. Stir in oats; mix until well combined. Roll into small balls and cook for 15 minutes at 350 degrees on a large greased cookie sheet.

Makes 12 balls (6 servings). Enjoy with a hardboiled egg for a quick breakfast or afternoon pick-me up. They store well in the fridge for up to one week. Enjoy!

Optional add-ins:

- handful of dark chocolate chips
- pinch of salt
- dash of cinnamon
- chia seed
- handful of chopped walnuts or sliced almonds
- raisins