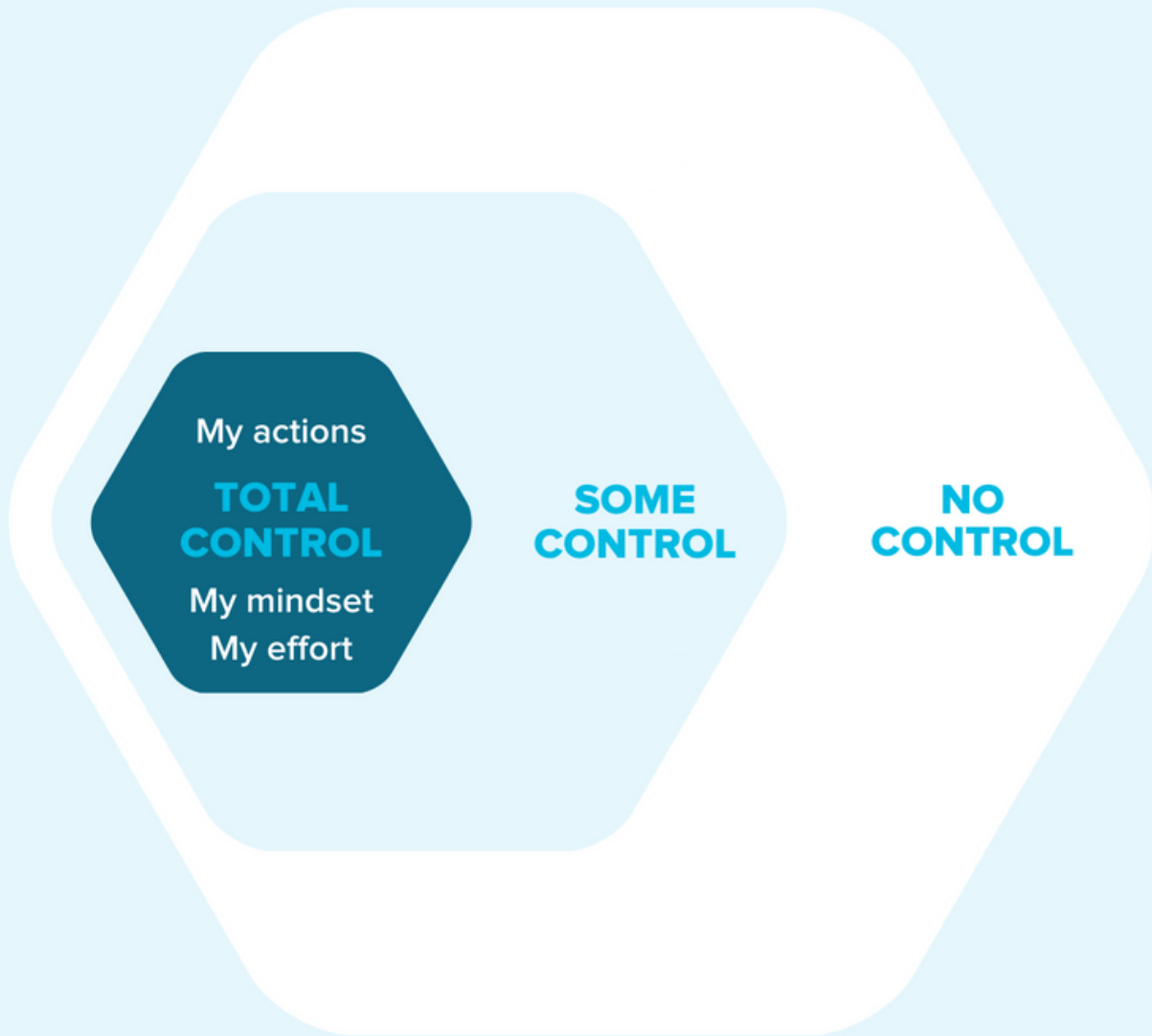


The Spheres of Control



Where could I use support?

What are my options?

Where do I have space to help others?